Seek medical attention immediately. You can request a sexual assault examination by contacting the police or by visiting any hospital emergency room. The examination provides care to minimize the risk of sexually transmitted diseases and preserves evidence that will be important if you pursue criminal charges or wish to obtain a protective order. Preserve evidence. Don’t bathe, shower, use toothpaste or mouthwash. Do not wash clothing, bed sheets, pillows, or other potential evidence. However, if you do, you should still seek medical attention as soon as possible—even if some time has passed since the assault.

Reporting the crime. Deciding whether to report the incident(s) may be difficult. Making a report to law enforcement is a decision left entirely up to you. If you decide to notify law enforcement, you can be assisted by campus authorities:
- BYU Police: 911 or (801) 422-0911
- Orem Police: 911 or (801) 229-7070
- Provo Police: 911 or (801) 852-6210

Report to the university. BYU Title IX Office 801-422-8692, BYU Police 801-422-0911, Anonymously 1-888-238-1062 or titleix.byu.edu

No-contact notifications. The Title IX Office or BYU Police can assist in issuing a no-contact notification to perpetrators. Protective orders and stalking injunctions are also available through the State of Utah court system.

IF I NEED HELP, WHAT SHOULD I DO?

- **Seek medical attention immediately.** You can request a sexual assault examination by contacting the police or by visiting any hospital emergency room. The examination provides care to minimize the risk of sexually transmitted diseases and preserves evidence that will be important if you pursue criminal charges or wish to obtain a protective order.

- **Preserve evidence.** Don’t bathe, shower, use toothpaste or mouthwash. Do not wash clothing, bed sheets, pillows, or other potential evidence. However, if you do, you should still seek medical attention as soon as possible—even if some time has passed since the assault.

- **Reporting the crime.** Deciding whether to report the incident(s) may be difficult. Making a report to law enforcement is a decision left entirely up to you. If you decide to notify law enforcement, you can be assisted by campus authorities:
  - BYU Police: 911 or (801) 422-0911
  - Orem Police: 911 or (801) 229-7070
  - Provo Police: 911 or (801) 852-6210

- **Report to the university.** BYU Title IX Office 801-422-8692, BYU Police 801-422-0911, Anonymously 1-888-238-1062 or titleix.byu.edu

- **No-contact notifications.** The Title IX Office or BYU Police can assist in issuing a no-contact notification to perpetrators. Protective orders and stalking injunctions are also available through the State of Utah court system.

**TITLE IX PROCEDURAL INFORMATION**

- **Investigation:** An investigation will be conducted where both the victim and the person alleged to have violated the policy will have an opportunity to provide information and participate in the process.
  - Both parties are entitled to have an advisor present during the process.
  - The standard of evidence used in sexual harassment investigations is a preponderance of the evidence (more likely than not).
  - The investigation and decision making will be conducted promptly and fairly by impartial investigators and decision makers.

- **Decision and Appeal:** Both parties will be informed in writing of the institution’s procedures and appeal process, outcome, and final results.
  - Both parties have the right to appeal the final decision.

- **Sanctions:** Possible sanctions for violations include expulsion, suspension, termination from employment, probation, campus banning order, etc.

For more information, see the [Sexual Harassment Policy](#) and [Grievance Procedures](#) on the BYU Title IX website.
SUPPORTIVE MEASURES

Whether or not you choose to initiate an investigation or report a crime to police, the Title IX Office offers supportive measures such as counseling, extensions of deadlines or other course-related adjustments, modifications of class or work schedules, SafeWalk Services, no-contact notifications, on-campus housing or work changes, etc. Please contact our office to arrange any supportive measures you may need.

BYU PROHIBITS RETALIATION

If you are worried about retaliation against you for reporting an incident, be assured that BYU does not tolerate retaliation in any form. It is against university policy to retaliate against you, your family, friends, close associates, and anyone who provides information for an investigation. If you feel that you or a witness have been retaliated against, contact the Title IX Coordinator.

CONFIDENTIALITY

All reports of sexual harassment, including dating violence, domestic violence, sexual assault, or stalking are investigated as confidentially as reasonably possible. Records kept by BYU related to sexual harassment allegations are not publicly available.

FILING A FORMAL COMPLAINT

If you would like the university to investigate this situation and potentially impose discipline, you will need to file a formal complaint. The formal complaint form can be found online at titleix.byu.edu. It should clearly and concisely describe the incident(s), including the identities of the parties involved in the incident, if known; the conduct allegedly constituting sexual harassment or misconduct; and the date and location of each alleged incident constituting sexual harassment, if known.

The formal complaint can be filed in person (1320 WSC), by mail (1320 WSC, Provo, UT 84602), or by email (title9@byu.edu). The formal complaint must contain your physical or digital signature. If you have any questions about the filing of a formal complaint, please contact us. Additionally, please keep in mind that if the complaint does not involve BYU programming or activities, the formal complaint may be dismissed under Title IX, though the university may still be able to address it under another policy/procedure, particularly when the other person is a BYU student or employee.